








Holly House Life Enrichment January 2019

Meadowood Senior Living



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 	Saturday
<p>The Calendar is subject to change; see the digital TV Monitors for more up-to-date Information. Angelique Riley, Director of Life Enrichment Ext 3698</p>	<p>Hello January</p>	<p>1 New Year's Day 9:30 Morning Exercise 2:00 New Year's Day Social</p>	<p>2 9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 3:00 Word Games LH/LR 6:30 Games Night LH/LR</p>	<p>3 10:15 Sit & Fit, LHLR 1:30 Women's Club, LHLR 3:00 Sensory Club 6:30 Prize Bingo, LH/LR</p>	<p>4 9:30 Friday Fitness 10:15 Word Games 11:00 Christian Worship, AUD 1:45 Bingo, LHLR 2:00 Sensory Club</p>	<p>5 10:00 Saturday Stretch 3:00 January Trivia & Word Games 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>6 10:00 Sunday Stretch 2:00 Christian Worship/LRLH</p> 	<p>7 9:30 Music & Movement 1:45 Horticulture with Patti, HC 3:00 Pretty Nails & Pampered Hands</p>	<p>8 10:15 Sit & Fit, LHLR 1:30 Coloring Creations 3:00 Computer Games</p>	<p>9 9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:30 Sensory Club 3:00 Resident Council Meeting, LHLR 6:30 Baking Club LH/LR</p>	<p>10 10:15 Sit & Fit, LHLR 1:30 Women's Club, LHLR 1:30 Sensory Club 3:00 Baking Club 6:30 Prize Bingo, LH/LR</p> 	<p>11 9:30 Friday Fitness 10:15 Word Games 11:00 Christian Worship, AUD 1:45 Bingo, LHLR 1:45 Hand Massages 3:00 Sing Along with Susie</p>	<p>12 10:00 Saturday Stretch 3:00 Craft Creations 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>13 10:00 Sunday Stretch 2:00 Christian Worship with Lansdale Presbyterian, LHLR</p>	<p>14 9:30 Music & Movement 10:15 Sing Along 1:45 Horticulture with Patti, HC 3:00 Pretty Nails & Pampered Hands</p>	<p>15 10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LH/LR 1:30 Craft Creations 3:00 Computer Games</p> 	<p>16 9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:30 Sensory Club 3:00 Parachute Games 6:30 Games Night LH/LR</p>	<p>17 10:15 Sit & Fit, LHLR 1:30 Women's Club, LHLR 1:30 Sensory Club 3:00 Baking Club 6:30 Prize Bingo, LH/LR</p> 	<p>18 10:00 Conductorsize with Eileen. LHLR 11:00 Christian Worship, AUD 11:15 Sing Along 1:45 Bingo, LHLR 3:00 Sing Along with Susie</p>	<p>19 10:00 Saturday Stretch 3:00 Domino Mania 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>20 10:00 Sunday Stretch 2:00 Christian Worship with Central Schwenkfelder /LRLH</p>	<p>21 Martin Luther King JR. Day 9:30 Music & Movement 10:15 MLK Day Trivia 1:45 Horticulture with Patti, HC 3:00 Pretty Nails & Pampered Hands</p>	<p>22 10:15 Sit & Fit, LHLR 1:30 Craft Creations 3:00 Computer Games</p>	<p>23 9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:30 Sensory Club 3:00 Ring Toss 6:30 Baking Club LH/LR</p>	<p>24 10:15 Sit & Fit, LHLR 2:00 Birthday Celebration with Glenn Miller LHLR 6:30 Prize Bingo, LH/LR</p>	<p>25 9:30 Friday Fitness 10:15 Word Games 11:00 Christian Worship, AUD 1:45 Bingo, LHLR 3:00 Sing Along with Susie</p>	<p>26 10:00 Saturday Stretch 3:00 Fondue Social 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>27 10:00 Sunday Stretch 2:00 Christian Worship with St. John's Lutheran Church (Reverend Sara Stobie)/LRLH</p>	<p>28 9:30 Music & Movement 1:45 Horticulture with Patti, HC 3:00 Pretty Nails & Pampered Hands</p>	<p>29 10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LHLR 1:30 Craft Creations 3:00 Computer Games</p>	<p>30 9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:30 Sensory Club 3:00 Balloon Volley 6:30 Games Night LH/LR</p>	<p>31 10:15 Sit & Fit, LHLR 1:30 Women's Club, LHLR 1:30 Sensory Club 3:00 Baking Club 6:30 Prize Bingo, LH/LR</p>	<p>All activities are in the Living Room unless otherwise indicated. AUD—Auditorium TT— Tulip Terrace HC— Horticulture Center WG— Woodland Garden HH— Holly House</p>	<p>PDR— Private Dining Room LH Laurel House LIB— Library SA—See Activities LR— Living Room MCR— Main Conference Room</p>